**STRUCTURED REFLECTION LOG TEMPLATE**

*Each completed Structured Reflection Log must be no more than 3 pages in length. Font and spacing may not be changed. Review Reflection-Critical Thinking Resources in A2L to ensure thorough self-reflection.*

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| Student Name: |       |

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| --- | --- | --- | --- |
| Date: |       | Week # in Placement: |       |

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| **Critical Learning Moment or Ethical Dilemma:**       |
| **Most Related Area of Clinical Competence:** | Choose an item. |
| **Most Related SMART Goal:** | Choose an item. |
| **Reflection:**       |

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| **Clinical Task/Skill\* that was Performed Very Well:**       |
| **Most Related Area of Clinical Competence:** | Choose an item. |
| **Most Related SMART Goal:** | Choose an item. |
| **Reflection:**       |

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| **Clinical Task/Skill\* that Needs Improvement:**       |
| **Most Related Area of Clinical Competence:** | Choose an item. |
| **Most Related SMART Goal:** | Choose an item. |
| **Reflection and Improvement Plan (behaviour elements to change, resources needed, how you will know if you have improved):**       |

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| **Example of EITHER an Interprofessional Learning/Collaboration Opportunity OR a System/Administrative Learning Opportunity:**       |
| **Most Related Area of Clinical Competence:** | Choose an item. |
| **Most Related SMART Goal:** | Choose an item. |
| **Reflection:**       |

**Informal Estimate of Progress on SMART Learning Goals:**

Check a box along the continuum for each goal to estimate approximately where you are in the process from level 0 (major elements not demonstrated yet) to level 2 (goal is clearly met):

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| **SMART Goal #1 (Technical)**:       |
| [ ]  **0** |[ ] [ ]  [ ]  **1** |[ ] [ ]  [ ]  **2** |

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| **SMART Goal #2 (Technical)**:       |
| [ ]  **0** |[ ] [ ]  [ ]  **1** |[ ] [ ]  [ ]  **2** |

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| **SMART Goal #3 (Diversity, Interpersonal, and/or Interprofessional)**:       |
| [ ]  **0** |[ ] [ ]  [ ]  **1** |[ ] [ ]  [ ]  **2** |

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| **SMART Goal #4 (Diversity, Interpersonal, and/or Interprofessional)**:       |
| [ ]  **0** |[ ] [ ]  [ ]  **1** |[ ] [ ]  [ ]  **2** |

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| **SMART Goal #5 (Application of EBP)**:       |
| [ ]  **0** |[ ] [ ]  [ ]  **1** |[ ] [ ]  [ ]  **2** |

**Which area(s) of clinical competence require specific focus over the next week? What do you plan to do and why?**